

Nini Guerard L.AC., DIPT AC, NCCA, CHT

**Master of Theta Healing[®]
and Oriental Medicine**

Presents:

Basic DNA



3 Day Class in Santa Rosa

Fri. Feb. 28, Sat. March 1,

& Sun. March 2

(9am-5pm daily)

Cost \$ 475

Basic DNA introduces ThetaHealing[®] techniques which focus on developing one's intuition and discovering and releasing unconscious fears that have blocked abundance and happiness. This is done through gentle awareness which enables a participant to eliminate self-sabotaging behaviors. The chronos, or chromosome for youth, is activated by strengthening the telomeres of the cell. For years, Vianna's teachings have spoken of the reality of activating this gene through brainwaves. Two years ago, scientists announced the discovery of a youth gene.

The heart of this class is the practice of techniques that allow you to change life patterns held in place by core, genetic, historic and soul beliefs, either self inflicted or externally imposed. The participant will learn to identify his/her own beliefs as well as to practice pulling them for others in the class. This practice can quickly reveal systems of belief that might take traditional psychotherapy years to uncover, showing the body how to replace limiting beliefs or feelings with positive ones.

By the end of the seminar, the student is prepared to become a practitioner of ThetaHealing[®] as a ThetaHealer[®].

This class is fun and brings amazing results!

For more information:

Visit Nini's website www.nirvanaalternatives.com

(707) 321-8562 or (707)546 - 1225